

Seminar on Traditional Chinese Medicine Culture for Belt and Road Countries

Name	Seminar on Traditional Chinese Medicine Culture for Belt and Road Countries		
Organizer	Xiyuan Hospital of China Academy of Chinese Medical Sciences		
Time	2024-05-09 -- 2024-05-22	Language for Learning	English
Invited Countries	Belt and Road Countries		
Number of Participants	20		
Requirements for the Participants	Age	Under 45 for officials at or under director's level; under 50 for officials at director general's level.	
	Health	Participants should be in good health and provide a health certificate or medical examination form from a local public hospital. Participants should be free of diseases prohibited by Chinese laws and regulations from entering China, and free of other serious chronic diseases (such as severe hypertension, cardiovascular and cerebrovascular diseases, and diabetes), mental diseases or infectious diseases that may pose a significant public health risk. Participants shall not in the period of recovering from major surgery or acute illness, not be severely physically disabled, and not during a pregnancy period.	
	Language	Language Participants should be capable of listening, speaking, reading and writing in English that can meet the requirements of the class.	
	others	Family members or friends shall not follow.	
Host City	Beijing City	Local Temperature	Spring: 20°C-25°C
Cities to visit	Quanzhou City, Fuzhou City Fujian Province	Local Temperature	Quanzhou City 25°C-30°C, Fuzhou City 25°C-30°C,
Notes	<p>1. Please prepare your valid passport and visa in advance; 2. If you are unable to depart on time due to special circumstances, or if your flight is delayed when connecting, please contact the program contact person to inform the latest flight status in order to arrange for pick-up; 3. In principle, personal changes to international tickets are not allowed; if you really need to do so, please contact the Business Office for ticket change procedures. If personal change is made to the air tickets without consent, the resulting costs and responsibilities will be borne by the individual. 4. Please check if you need to re-handle your baggage check-in when you transfer to another flight. After picking up your baggage, please wait patiently at the international arrival exit (or domestic arrival exit) and the staff will pick you up with the pick-up sign with the name of the organizer. If you wait for more than 15 minutes, you can communicate with the program contact person by phone; 5. If you need to register with the airline in case of lost checked luggage, please call the program contact person to confirm the luggage delivery address before filling out the registration form; 6. Please pay attention to the weather of the destinations and bring appropriate clothing; prepare light footwear to facilitate visits and investigations; attend the important activities of the Seminar in formal wear or national costume; 7. Please bring a small amount of common medicines as necessary.</p>		

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About the Organizer	<p>Xiyuan Hospital of Chinese Academy of Chinese Medical Sciences (hereinafter referred to as Xiyuan Hospital of China Academy of Chinese Medical Sciences (hereinafter referred to as "Xiyuan Hospital") was established in 1955, and is located in Beijing, the capital of China. As the first large-scale traditional Chinese medicine hospital built by the central government after the founding of People's Republic of China, Xiyuan Hospital has a good domestic and international reputation for integrating medical treatment, scientific research, education and health care. In the early days of its establishment, with support and assistance of Chairman Mao Zedong and Premier Zhou Enlai then, more than 30 renowned veteran Chinese medicine experts from all over the country gathered here, laying a solid foundation for the construction and development of Xiyuan Hospital.</p> <p>Xiyuan Hospital now has 36 clinical departments, including Internal Medicine Department, Surgery Department, Gynecology Department, Pediatrics Department, etc. Among which, Cardiovascular Disease Department, Hematology Department, Spleen and Stomach disease Department, Pulmonology Department, and Geriatrics Department are national key clinical specialties. These departments have reached the top level in China, and the hospital is also appointed as the national advanced stroke center and chest pain center. The hospital possesses 10 medical laboratories, including clinical examination room, imageological examination room, nuclear medicine laboratory, and pharmacy; 800 beds and 20 ward areas. The hospital has rich experience in the treatment of various frequently-occurring and refractory diseases with traditional Chinese medicine and integrated traditional Chinese and western medicine and achieved good curative effect.</p> <p>Xiyuan Hospital now has over 1,700 employees, with top national TCM talents such as academicians of the Chinese Academy of Sciences, masters of Chinese medicine, and national famous Chinese medicine practitioners. There're 40 experts who are granted special state allowances. The hospital lays emphasis on the coordination between the medical treatment and scientific research. As the national regional medical center (export unit), the hospital presents fruitful outcomes in the fundamental and clinical research of TCM, rating as one of the most outstanding institute with remarkable achievements. Among them, "Research on Blood Stasis Syndrome and Activating Blood and Removing Stasis" won the first prize of National Science and Technology Progress Award in 2003, and the hospital comes to be the first institute to win this honor in the field of TCM. Xiyuan hospital is an important base for the talent cultivation of traditional Chinese medicine. It owns 70 doctoral supervisors and 175 master supervisors from CACMS, 22 studios of national veteran TCM expert, and 16 studios of Beijing TCM experts.</p> <p>Since the establishment of the hospital, the hospital has been functioning as a window for international exchanges and an important base for the dissemination of TCM culture. In the 1960s, a group of veteran experts, represented by Yue Meizhong, had provided health care services to leaders of many friendly countries and obtained satisfactory curative effect. As one site of WHO Collaborating Centers for Traditional Medicine, Xiyuan hospital is committed to the development and construction of worldwide traditional medicine, presiding over the release of the "Traditional Chinese Medicine Clinical Practice Guidelines for Chronic Gastritis" and "Traditional Chinese Medicine Clinical Practice Guidelines for Stable Angina</p>	

	<p>Pectoris” in WHO Western Pacific Region, and issuing a number of industry standards. In response to the "Belt and Road" initiative, the hospital actively promotes cooperation with countries along the route in the fields of economy, trade, science and technology, medical care and culture. It has successively become the TCM training unit sponsored by the Ministry of Commerce, a founding member of the Shanghai Cooperation Organization's Friendship and Cooperation Committee, an international exchange and cooperation base of the Ministry of Science and Technology, an international cooperation base of the State Administration of Traditional Chinese Medicine for clinical research and training of traditional Chinese medicines, a telemedicine base of the State Administration of Traditional Chinese Medicine, a base of the Beijing Municipal Government for international cooperation in traditional Chinese medicine, a demonstration base for tourism and culture of traditional Chinese medicine, and a service base for overseas development of traditional Chinese medicine. An international cooperation network with a number of renowned universities, hospitals and research institutes in the United States, Japan, Germany, Australia and other countries has been established by Xiyuan Hospital.</p>
<p>Seminar Content</p>	<p>1. Main training courses and contents</p> <p>(1) China's National Conditions and Culture: To introduce the political, social and historical development in China.</p> <p>(2) Basic Theories of TCM: To introduce basic theories of TCM, Yin-Yang & -Five element, and Theory of Qi and Blood.</p> <p>(3) Chinese Medicine Health care: To introduces the efficacy of traditional Chinese medicine techniques for health care.</p> <p>(4) Ideas for Treating Bronchial Asthma: To introduction techniques for the prevention and control of respiratory infectious diseases.</p> <p>(5) Introduction to International Guidelines for Comprehensive Decongestive Technology Programs and Chinese Medicine Intervention Research: To introduces the knowledge of Chinese medicine embodied in traditional acupuncture and demonstrates the theory of acupuncture and moxibustion, which is rich in Chinese philosophy.</p> <p>(6) Breathing Valves for Anxiety and Depression: To introduction how to treat anxiety and depression through acupuncture maneuvers.</p> <p>(7) Herbal Medicine for Gallbladder Stones: To introduces the treatment plan for gallbladder stone disease in Chinese medicine.</p> <p>(8) Specialized Efficacy in the Treatment of Cardiac Arrhythmias: To introduction the clinically specific efficacy of cardiac arrhythmias.</p> <p>(9) Overview of Chinese Medicine Appropriate Technology: To introduces the commonly used techniques of traditional Chinese medicine in the diagnosis and treatment of diseases.</p> <p>(10) Chinese medicine Non-pharmacological Therapy: To introduces traditional medicine non-pharmacological therapy characteristic.</p> <p>2. Visit and Investigation</p> <p>(1) It is proposed to arrange the fellow participants to visit the Quanzhou Overseas Transportation History Museum, the Orthopaedic Cultural Center and the Imprint Fujian Heritage Experience Hall, thus enables them to visualize the development achievements and non-heritage culture of Quanzhou City, and to understand the thinking, development history, and visionary goals of traditional Chinese medicine diagnosis and treatment, so as to provide them with experiences to learn from.</p> <p>(2) It is proposed to arrange the fellow participants to go to Fuzhou Hospital in Fujian Province to visit and exchange views on the comprehensive diagnosis and treatment of Chinese orthopedic bone-setting, to understand the background and history of traditional medicine in local areas, as well as to have exchanges and talks with the person in charge of the hospital, enabling the participants have a more comprehensive and in-depth understanding of China's development, and so that the participants can better understand what they have learnt in the classroom.</p> <p>3. Cultural Experience</p> <p>It is proposed to arrange participants to learn and make traditional lantern, to experience</p>

historical sites and scenic spots, as well as the Tongrentang Pharmacy. In doing so, participants can get a better understanding of non-legacy culture and China's profound traditional culture.

4. Description of symposium

The symposium will be hosted by experts with experience in the Chinese medicine industry, who answer questions related to Chinese medicine culture and techniques. Sharing of experience in integrating Chinese and Western medicine diagnosis and treatment.

5. Overview of the lecturers

(1) Fu Jianhua: Director of International Cooperation and Exchange Office of Xiyuan Hospital of CACMS, engaged in the international exchange affairs.

(2) Dong Guoju: Deputy Director of the Cardiovascular Department of Xiyuan Hospital of CACMS, engaged in the research on cardiovascular diseases.

(3) Cui Yun: Physician from the Respiratory Department of Xiyuan Hospital of CACMS, engaged in the research on respiratory diseases.

(4) Fan Maorong: Physician from the Respiratory Department of Xiyuan Hospital of CACMS, engaged in the research on respiratory diseases.

(5) Zhang Lu: Deputy Director of the Acupuncture Department of Xiyuan Hospital of CACMS, engaged in the research on acupuncture and moxibustion.

(6) Zi Mingjie: Deputy Director of the GCP Center of Xiyuan Hospital of CACMS, engaged in the research on clinical pharmacology.

(7) Zhao Yingpan: Physician from the Outpatient Office of Xiyuan Hospital of CACMS, engaged in the research on digestive diseases.

(8) Zhang Yanhong: Physician from the Emergency Department of Xiyuan Hospital of CACMS, engaged in the serious and acute diseases.

(9) Zhang Dawu: Physician from the Cardiovascular Department of Xiyuan Hospital of CACMS, engaged in the research on cardiovascular diseases.

(10) Xiao Jing: Director of the Physiotherapy Department of Xiyuan Hospital of CACMS, engaged in the research on post-surgery diseases.